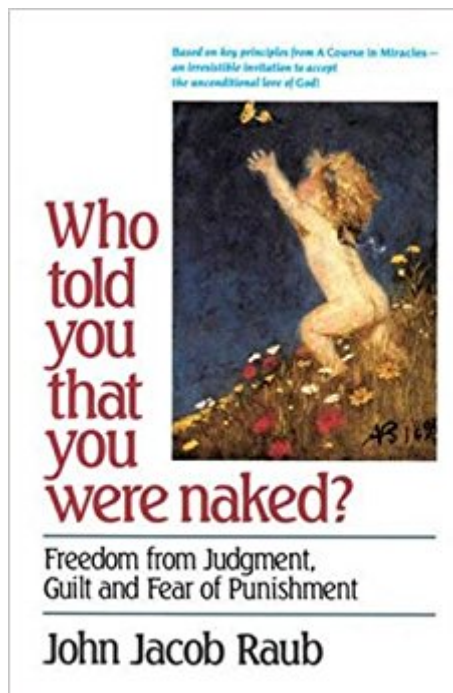




The book was found

# Who Told You That You Were Naked?: Freedom From Judgement, Guilt And Fear Of Punishment



## Synopsis

Writing with great simplicity about our unbreakable union with God, Raub maintains that it is only because we deny this union that we judge and condemn ourselves--and others. And he shows how it is only our belief in the God who loves us as we are--not as we should be--that brings us freedom from guilt and fear.

## Book Information

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Average Customer Review: 4.0 out of 5 stars 24 customer reviews

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## Customer Reviews

I have read it more than once, passed it on to others, and bought subsequent copies to read again! If you have guilt in your life or ever felt harm from your faith (hypocritical church family, confused by other peoples' views, feelings of being condemned and "left out"), you will greatly benefit from this perspective. This is well written, well thought out, even divinely inspired.. no matter your "religion". I cannot say enough good about it. I only wish it were available for my kindle but do love being able to give away my copy at will.

Totally unexpected! Not having read this author before, I did not know what to expect. This book has taught me that God is love. Really.

Bought this to replace a copy I had lost. Interesting thoughts on why we don't have to always judge ourselves and others as guilty, being raised Catholic and always feeling not quite a good enough Catholic, I found that very helpful.

Good book. Lots of information. My husband especially liked it. A priest recommended it to us. The title is weird.

Getting rid of fear and guilt is not an easy task and one must ask for the grace of letting go and letting be. We are who we are, human, imperfect and full of guilt about our imperfections. Letting go is the only way to fulfill our humanness. It's okay, all is right with the world, there is no need to pretend to be other than who we were created to become. We have become laden with heaviness with our "sins" we are unable to accept ourselves and our growth. No one is born perfect and no one will die perfect. Christ came to lead us to the Father and became human to show us the "way". The "way" to God the Father, the "way" to our heart, the "way" to love and be loved. Christ took upon himself our burdens, our hopes, our dreams our very selves to show us the "way" to peace, joy and love. John Jacob Raub draws an excellent portrayal of our human dilemma and encourages us to acknowledge our guilt and fear and move on with our lives. Growth is the only evidence of life. Let us walk tenderly with our God and may God be merciful throughout our journey with Him. Other books for your consideration with my book reviews: *Experiencing the Depths of Jesus Christ* (Library of Spiritual Classics, Volume 2) — Jesus is the way and the truth. *Therese — Simplicity is the key to God's inner life.* *Amazing Grace — From one pilgrim to another thank you for journeying.*

Great read! Wonderful examination of Original Sin

I agree with the other reviewers who wrote that this book is not revolutionary in its thought; but I think that's the point. Br. Raub is reiterating the words and messages of Christ in an up-to-date and easy-to-understand (and apply) way. I have used its lessons for more than 10 years, have recommended this book to so many people, and am in the process of buying yet another copy to pass along. In response to the reviewer who felt inundated with its messages, I want to suggest that I found this book much more helpful when I read a few sections and spent time (anywhere from an hour to a month!) considering them before proceeding; rather than reading it straight through. To anyone who's considering this book, I'd like to say: BUY IT, READ IT, CONSIDER IT ~ you won't be sorry.

Pretty heavy and hard to get into

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